

ESSENTIAL ITEM LIST – UKRAINE CRISIS

Hygiene and cleaning products

- Bath / shower / soap
- Deodorants
- Toothpaste
- Toothbrushes
- Combs
- Underwear for women, men, and children
- Sanitary pads
- Diapers
- Adult diapers
- Toilet paper and paper towels
- Towels (including microfiber)
- Trash bags
- Disinfectants / alcohol for disinfection
- Filtering or disposable masks

Food

- Water
- Food for quick preparation (instant)
- Bars (including energy bars)
- Delicacies, nuts
- Canned food
- Pasta, cereals for quick preparation
- Disposable or reusable kitchen tools: deep plate, spoon, fork, knife, glass (food grade silicone or plastic)

Other

- Matches
- Batteries, power banks
- Lighting, including flashlights
- Candles
- First aid kits

For cash donations or questions contact: bekim.mehovic@meelunie.com / karuna.geldermans@meelunie.com

Plant Based Positive Impact®